

# HC KIDS SPORTS & ACTIVITIES SCHEDULE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

## AM ACTIVITY

**Jr. Tennis Academy**

**Red ball**

8.00am - 9.00am

9.00am - 10.00am

**Yellow ball**

9.30am - 11.00am

**Orange ball**

10.00am - 11.00am

**Green ball**

10.00am - 11.30am

**Orange ball**

11.00am - 12.00pm

**Jr. Hockey**  
9.00am - 10.00am

**Jr. Multi-Sports**  
(2y - 6y)  
9.00am - 10.00am  
(7y - 10y)  
10.00am - 11.00am

## PM ACTIVITY

H.I.S CCA  
3.00pm - 5.00pm

H.I.S CCA  
3.00pm - 5.00pm

**Jr. Tennis Academy**  
(Orange ball)  
4.30pm - 5.30pm

**Jr. Tennis Academy**  
(Orange & red ball)  
4.30pm - 5.30pm

**Jr. Tennis Academy**  
(Orange & green ball)  
5.00pm - 6.00pm

**Jr. Tennis Academy**  
(Red & orange ball)  
4.30pm - 5.30pm

**Jr. Tennis Academy**  
(Red & orange ball)  
4.30pm - 5.30pm

**Jr. Tennis Academy**  
(Green & yellow ball)  
5.30pm - 7.00pm

**Jr. Tennis Academy**  
(Green & yellow ball)  
5.30pm - 7.00pm

**Jr. Tennis Academy**  
(Green & yellow ball)  
5.30pm - 7.00pm

**Jr. Tennis Academy**  
(Green & yellow ball)  
5.30pm - 7.00pm



Scan to find out more info  
on HC Sports & Activities

**ENQUIRIES: Swimming** - Contact aquaDucks at [hollandse@aquaducks.com.sg](mailto:hollandse@aquaducks.com.sg) | **Dance** - Contact Tanglin Arts Studio at [info@tanglinartsstudio.com](mailto:info@tanglinartsstudio.com)

**All other sports** - Contact our Sports team at [sports@hollandseclub.org.sg](mailto:sports@hollandseclub.org.sg)