

HOLLANDSE
CLUB

HAZE HEALTH ADVISORY

We are closely monitoring air quality and NEA guidance to look after our Club community.
Our measures are based on **NEA's 1-hr PM_{2.5} readings for Central Singapore**.

SPORTS & DINING AT HOLLANDSE CLUB

0 - 50

Activities as normal

Outdoor classes and activities continue as scheduled.

51 - 100

Activities continue with precautions

Outdoor classes and activities continue as scheduled, with reduced intensity where appropriate.

101 - 150

Adapted and limited activities

Junior outdoor classes are moved indoors where possible. If this is not possible, they will be cancelled.

Padel and tennis coaching lessons will be suspended due to the sustained physical exertion required of coaches across multiple sessions.

League matches, socials and Americanos may continue for adults, subject to minimum participation and individual discretion based on health and comfort.

Swimming lessons will continue at reduced intensity, with participation at each member's discretion.

Above 150

All outdoor sports suspended

All outdoor classes and activities are suspended. The Club recommends avoiding all outdoor activities, particularly strenuous exercise, in line with NEA's health advisories.

Members who acknowledge the additional health risks and choose to continue using outdoor facilities must sign a waiver, available at Reception.

Above 180

Outdoor dining is temporarily suspended

Indoor bar dining and takeaway remain available.

Class Updates

We check readings one hour before each session to inform members of any changes and available alternatives as early as possible.

Cancellations & Refunds

When PM_{2.5} readings exceed 100, members may cancel outdoor sports bookings or classes and receive a refund* or a make-up class.

**Not applicable for aquaDucks*

Take Care & Stay Informed

We encourage members to stay informed, take regular breaks, stay hydrated, and consider their individual health and well-being. Scan the QR code to download NEA's myENV app for the latest PSI and 1-hour PM_{2.5} readings.



Thank you for your understanding and cooperation as we prioritise the health and well-being of our members, guests, coaches and staff.